



## **Personal, Social and Health Education Curriculum Intent**

*To be read in conjunction with the 'CRST Relationship, Sex and Health Education Policy'  
and the 'RSHE Local Arrangements for Oldbury Park Primary School'*

### **Our PSHE curriculum**

The PSHE curriculum at Oldbury Park is sequenced coherently through unifying themes and includes the compulsory subject of Relationships and Health Education.

Through our PSHE curriculum, pupils secure knowledge, skills and attributes which are vital for their lives, both now and in the future. Personal development is an integral part of our curriculum at Oldbury Park; we are dedicated to enabling every child to flourish and become a responsible citizen who contributes positively to their community. Our PSHE curriculum helps pupils stay healthy and safe, build positive relationships and prepare for life and work in modern Britain.

Learning sequences are planned according to the needs of our pupils and we use the Islington 'You, Me and PSHE' scheme as a framework to support delivery of our curriculum. By adapting learning to our local context, we ensure teaching and learning is relevant to the everyday lives of children at Oldbury Park, including their lives online. Our PSHE curriculum is delivered in a way that encourages pupils to be leaders of their own learning, including by being inquisitive, asking questions, and answering these using the knowledge they have gained. Real-life scenarios are a key aspect of our PSHE teaching and, wherever possible, we create opportunities for pupils to link their knowledge and understanding with their own experiences.

The PSHE curriculum builds upon prior learning and has been designed to promote long-term retention of knowledge. Specific vocabulary is planned sequentially and cumulatively from Year 1 to Year 6. High frequency, multiple meaning words (Tier 2) are taught alongside (and help make sense of) subject specific words (Tier 3).

Another key aspect of our PSHE curriculum is the use of assessment. Each sequence of learning begins with a baseline assessment and finishes with an end of sequence assessment. This enables pupils and teachers to identify and reflect on the progress made.

### **Substantive knowledge**

This is the subject knowledge used in PSHE. Our PSHE curriculum at Oldbury Park teaches PSHE through 7 main substantive concepts:

- Relationships and health education (RHE)
- Drug, alcohol and tobacco education (DATE)
- Keeping safe and managing risk
- Mental health and emotional wellbeing
- Physical health and wellbeing
- Careers, financial capability and economic wellbeing
- Identity, society and equality



### **Disciplinary Knowledge**

Our curriculum encourages children to explore and develop their own attitudes and values. Pupils apply their substantive knowledge to identify risks and make informed choices. They learn how to articulate and justify their opinions and actions, and also strengthen their skills in knowing where to seek help and how to access it. PSHE learning is also complemented by our wider personal development offer, as well as the Science and Computing National Curriculum.

### **Safeguarding**

We understand that PSHE plays an important role in preventative education and keeping children safe. Our curriculum provides valuable opportunities to teach children how to recognise and assess risks, stay safe and seek support, including online. If any safeguarding issues arise through the teaching of PSHE, these are responded to in line with our Safeguarding and Child Protection Policy.